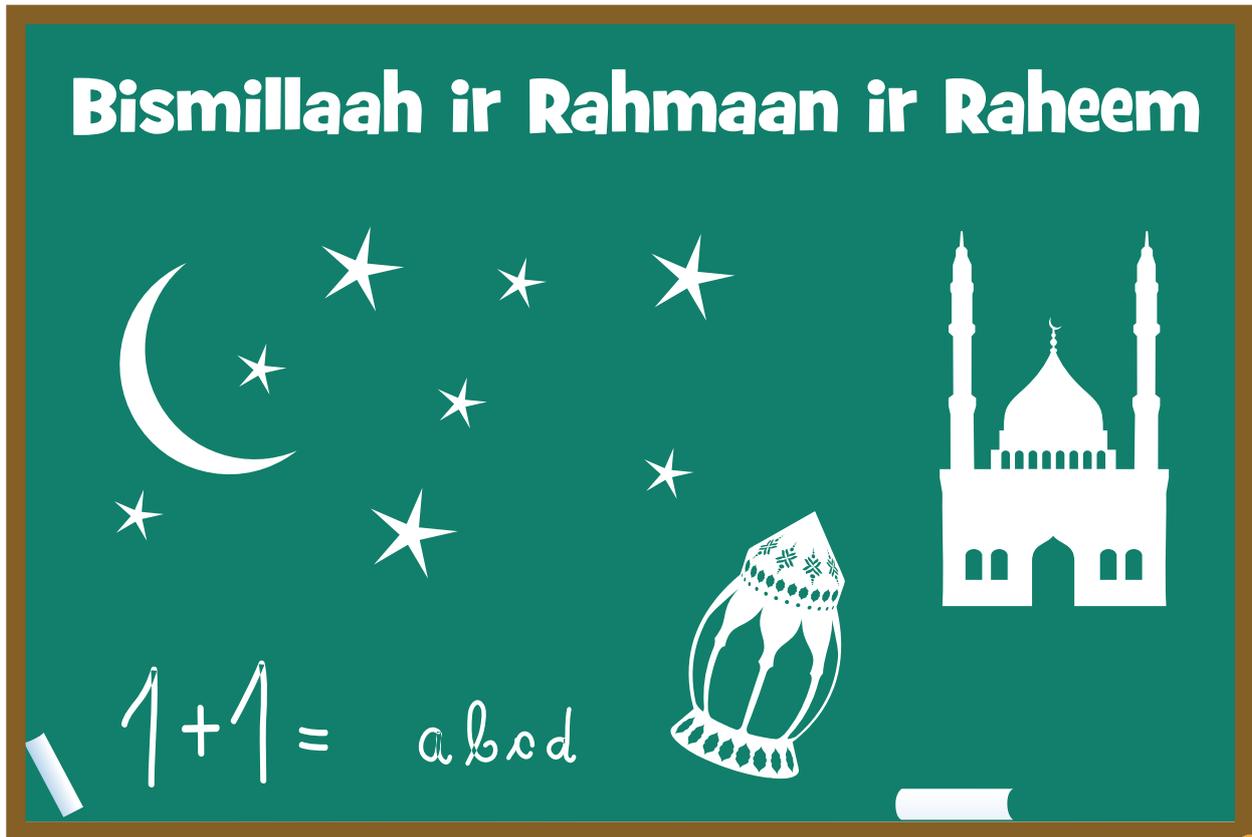


Ramadhahaan Activity

Pack I



Recommended age
5-8 years



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Alhamdulillah!

Allaah has blessed you to witness another Ramadhaan. We hope you are ready to fast this year for the sake of Allaah and also ready to do lots of Ramadhaan activities, and learn a lot too. May Allaah make it easy for you! Have a wonderful Ramadhaan.

So do you know
why you need
to fast?

**Memorize the words of Allaah
in Arabic and English.**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ
كَمَا كُتِبَ عَلَى الَّذِينَ مِنْ قَبْلِكُمْ
لَعَلَّكُمْ تَتَّقُونَ

O you who believe!
Fasting is prescribed for
you as it was prescribed
for those before you, that
you may acquire Taqwa
Surah Al Baqarah: 2:183

Do you know what Taqwa is? Taqwa is fearing Allaah's punishment and avoiding all bad deeds and loving Allaah and doing all kinds of good deeds He loves.

1 Can you write here why Allaah has ordered you to Fast?

.....

2 "O you who believe! Fasting is prescribed for you as it was prescribed for those before you, that you may acquire Taqwa."

- ★ Circle the Verbs in the above Ayah with **Red Colour**
- ★ Find the Pronouns and circle them with **Blue Colour**
- ★ Circle the Prepositions with **Green Colour**
- ★ Underline the Exclamation Mark with **Red Colour**

3 Use a dictionary and find out the meanings of the following Words:

- ★ Prescribed
- ★ Acquire

Now that you know why you should fast and may have already started fasting Inshaa Allaah, you should also know what breaks your fast.



**Things that
break or nullify
the fast!**



Can you write some of the things which would break your fast? (look at the picture below for clues to the answers)

1

.....

2

.....

3

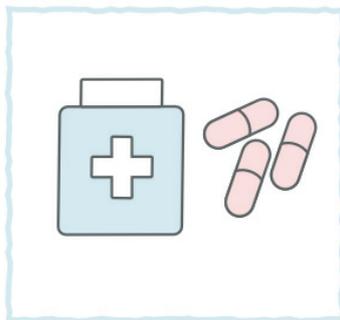
.....

4

.....

5

.....



Ramadhān Fiqh

Write "Yes and "No answers to the following questions



- 1 Can a very ill person break his fast?
.....
- 2 Maimoonah is travelling to Makkah from Qatar during Ramadhān. Can she break her fast whilst travelling?
.....
- 3 Little Noorah was fasting the whole day, but before sunset, she forgot and ate a date. Does her fast still count?
.....
- 4 Ibrahim deliberately vomited whilst he was fasting. Has he broken his fast?
.....
- 5 Summayyah was fast asleep while she was fasting. Has she broken her fast?
.....
- 6 Abdur Rahmaan used a siwak to clean his teeth while he was fasting, is his fast valid?
.....
- 7 Abdullaah sniffed the smell of incense, even though he knew that he should not do that while fasting. Has he broken his fast?
.....
- 8 When the crescent moon is sighted for the month of Shawwal (the month after Ramadhān) the fasting ends. Is this correct?
.....
- 9 On the 29th of Ramadhān, if the crescent moon for the month of Shawwal is not sighted, do we complete 30 days of fasting?
.....
- 10 Khadijah had to remove a tooth while fasting. Will this break her fast?
.....

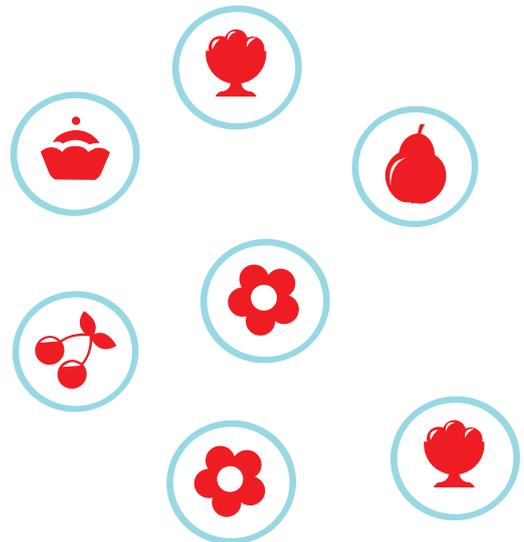
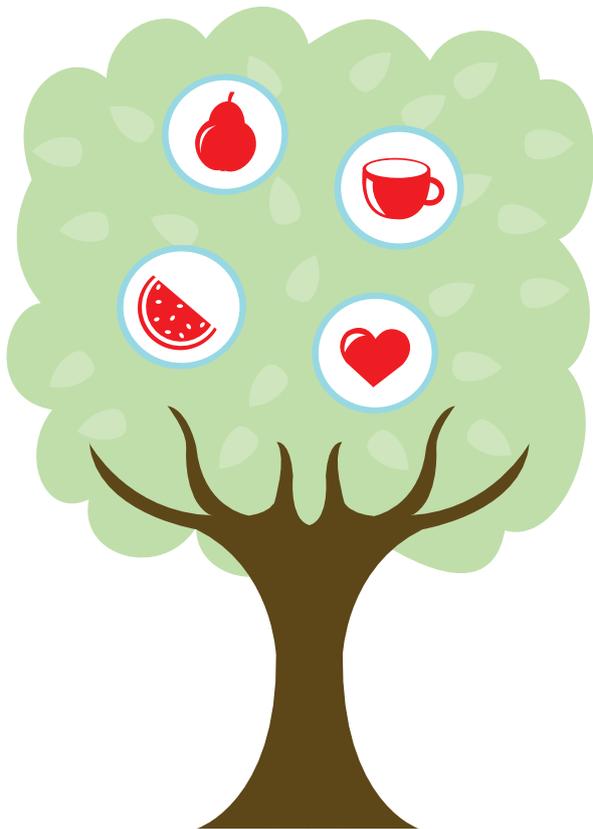
Ramadhān is a wonderful month to earn some extra rewards. And also remember what the Messenger of Allaah ﷺ said:

Narrated by Abu Hurairah رضي الله عنه: The Prophet ﷺ said, "Whoever does not give up forged speech and evil actions, Allaah is not in need of his leaving his food or drink (i.e. Allaah will not accept his fasting.)" (Al-Bukhari)



Good Deeds Tree

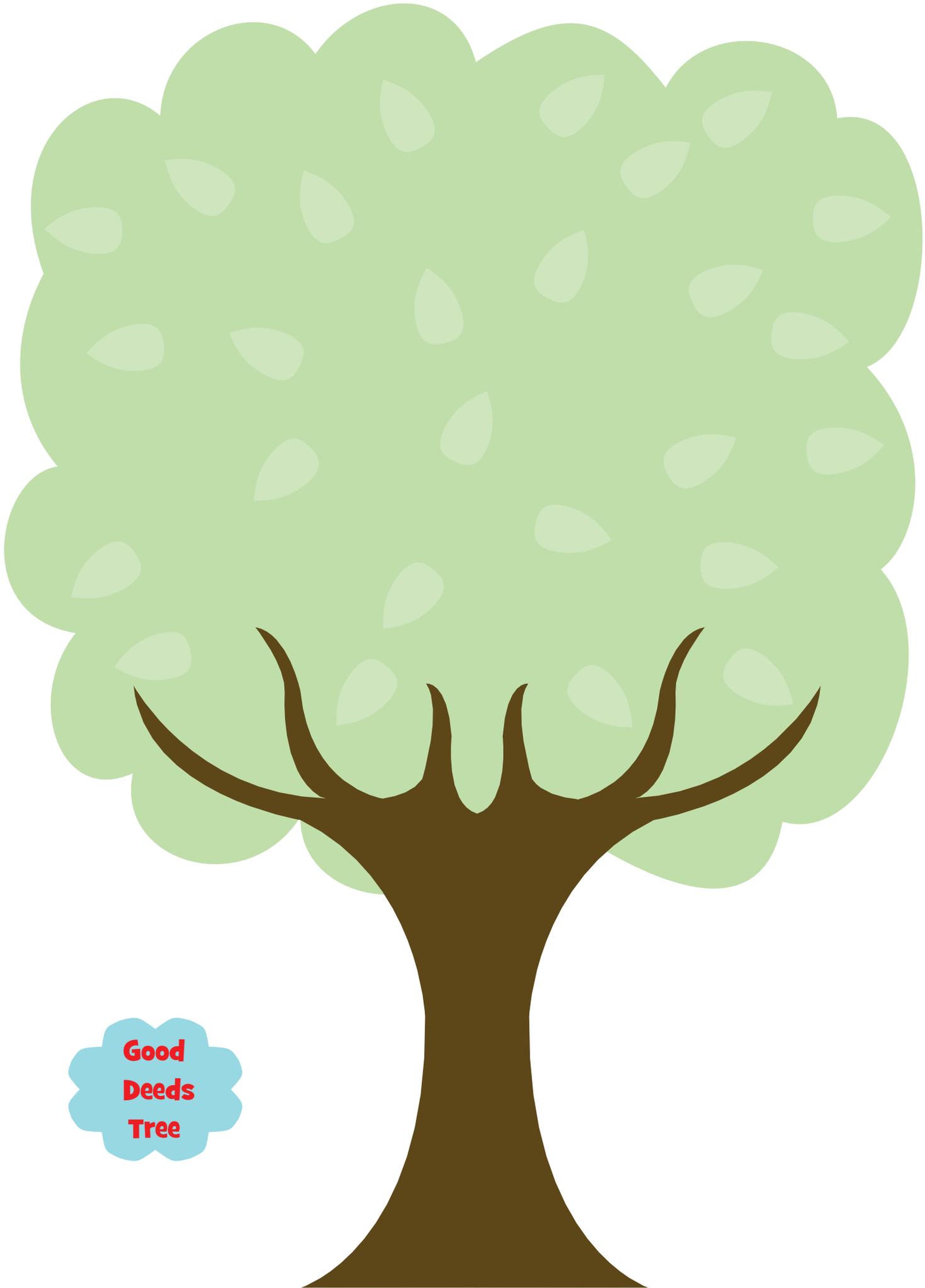
Remember to do good deeds as much as possible while you are fasting to safeguard your fast. Here is a good deeds tree for you, on the next page. Stick each object for each good deed you do and see how many good deeds you have done by the end of Ramadhān. May Allaah reward you.



Good deeds tree on the next page



Activity 4

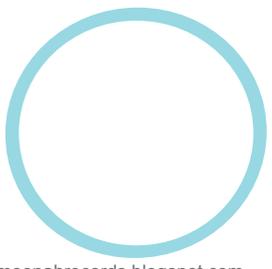
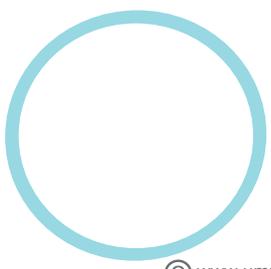
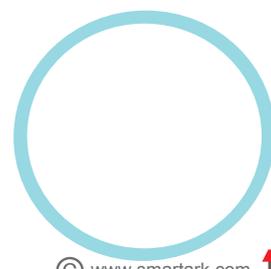
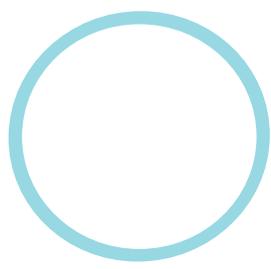
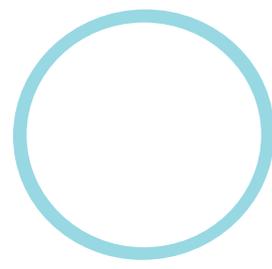
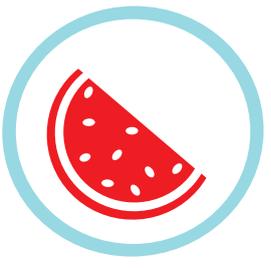
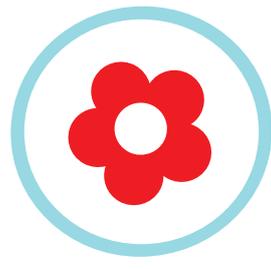
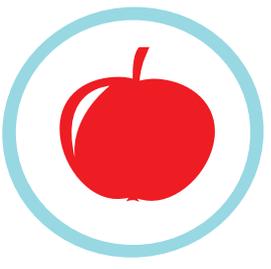
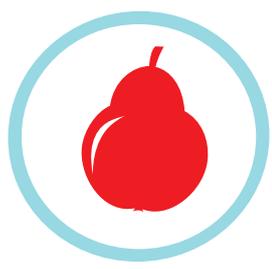
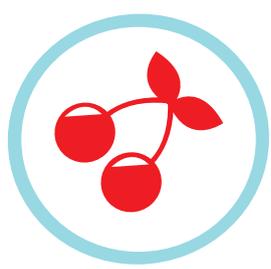
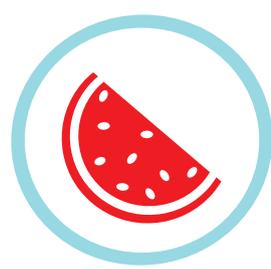
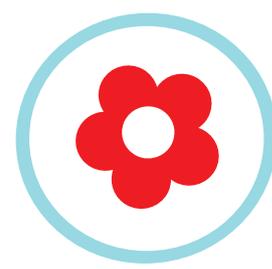
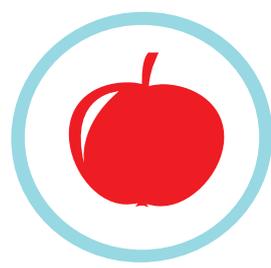
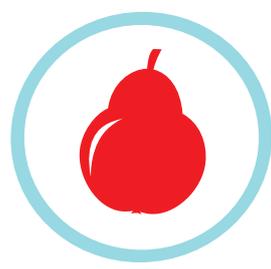
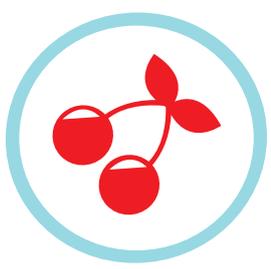
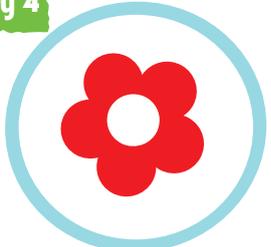


**Good
Deeds
Tree**



Activity 4

Good deeds tree



Islamic Months

The 12 Islamic months are determined by the sighting of the moon. Learn the names of the months in Arabic and answer the questions.

1
Muharram

2
Safar

3
Rabee`ul Awwal

4
Rabee`ul Akhirah

5
Jumaadal oolah

6
Jumaadal Akhirah

7
Rajab

8
sha`baan

9
Ramadhaan

10
Shawwaal

11
Dhul Qa'dah

12
Dhul Hijjah

1 What is the 12th month of the Islamic Calendar?

.....

2 Name the 4 sacred months?

.....

3 Ramadhaan is the 9th month of the Islamic Calendar. Is this correct?

.....

4 Name the month that we celebrate Eidul Fitr?

.....

5 What month was Prophet Muhammad ﷺ born in?

.....

6 In which month did Allaah gave victory to Moosa عليه السلام and drowned Firoun and his army?

.....

7 Name the 2nd month of the Islamic Calendar?

.....

8 In which month do we celebrate Eidul Adha?

.....

Here are some Ramadhaan related words to colour in.



There are so many nice things that our Messenger ﷺ has told us about this special month, Ramadhaan. Let us learn one hadeeth today and do some activities on it. Are you ready?

The Prophet ﷺ said: "When Ramadaan comes, the doors of paradise will be opened and the doors of Hell will be closed, and the devils will be chained."
(Al-Bukhari and Muslim)



1 Write the Opposites of the following words from the above hadeeth

- ★ Open
- ★ Hell
- ★ Come

2 Write the Singular of the following words

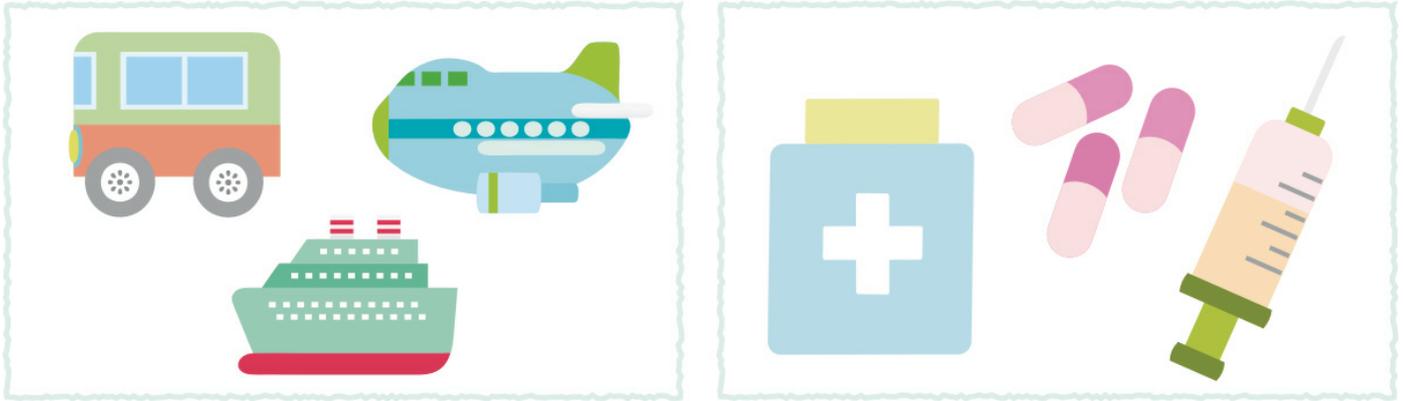
- ★ Doors
- ★ Chains
- ★ Devils
- ★ Prophets

3 Write the Present Tense of the following Past Tense Verbs

- ★ Opened
- ★ Closed
- ★ Chained
- ★ Came

Fasting of the traveller and the sick

Read what it says below about the fast of the traveller and the sick, and answer the questions on the next page!



Qur'an

Allaah says in Soorah Al Baqarah Aayah 184:

"Observe Saum (fast) for a fixed number of days, but if any of you is ill or on a journey, the same number (should be made up) from other days."

Hadith

Sahih Bukhari - Narrated by Aisha رضي الله عنها, (the wife of the Prophet)

Hamza bin Amr Al Aslami رضي الله عنه asked the Prophet, "Should I fast while travelling?"

The Prophet صلى الله عليه وسلم replied, " You may fast if you wish and you may not fast if you wish."

Allaah has made it easy for us. If we are sick or travelling we are excused from fasting and allowed to make up the fast another day.

Answer the questions on the next page



Fasting of the traveller and the sick

Read the questions and circle the correct answer.

1 The Narrator of the Hadith is:



- ★ Hamza bin Amr Al Aslami ﷺ
- ★ Abdullaah ibn Abbas ﷺ
- ★ Aisha bint Abu Bakr ﷺ

2 Who asked the Messenger of Allaah “should I fast while travelling?”

- ★ Hamza bin Amr Al Aslami ﷺ
- ★ Umar bin Al Khattaab ﷺ
- ★ Aaysha bint Abu Bakr ﷺ

3 If you are unable to fast one day during the month of ramadhaan due to sickness...

- ★ You are allowed to leave the fast for that day and not make that fast up.
- ★ You must fast even if you are sick
- ★ you are allowed to make that fast up on another day

4 Who is a Traveller?

- ★ Traveller is a person who goes from one place to another
- ★ Traveller is a person who writes a book
- ★ Traveller is a person who drives a plane

5 Muhammad was travelling to Makkah to perform Umrah during the month of Ramadhaan and he did not fast on the day of travelling. Do you think this was permissible?

- ★ Yes
- ★ No

Iftaar is a very special time when we break our fast and something to look forward to. We hope you will help prepare Iftaar for your family. Do you know what time to break your fast?

1 I break my fast when

.....

This is what the Messenger of Allaah ﷺ said about Iftaar:

Narrated by Sahl bin Sad رضي الله عنه: Allaah's Messenger ﷺ said, "The people will remain on the right path as long as they hasten to break their fast."
(Al-Bukhari)

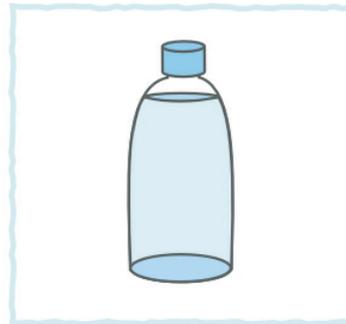


Remember to hurry up and break your fast at Maghrib time inshaaAllaah. Do not delay!

With what do you break your fast? It is sunnah to break the fast with the following. Look at the pictures below for clues. Can you write the correct answer?



2



3

We hope that you like to help in the kitchen! Here is something you can make for Iftaar today for your family inshaa Allaah. May Allaah make it a success for you! Remember to make duaa as the duaa of a Fasting person is accepted.

The Messenger of Allaah ﷺ said:

Whoever feeds a fasting person will have a reward like that of the fasting person, without any reduction in his reward."
(At Tirmidi, authenticated by Al Albani)

Date And Almond Truffles

The ingredients

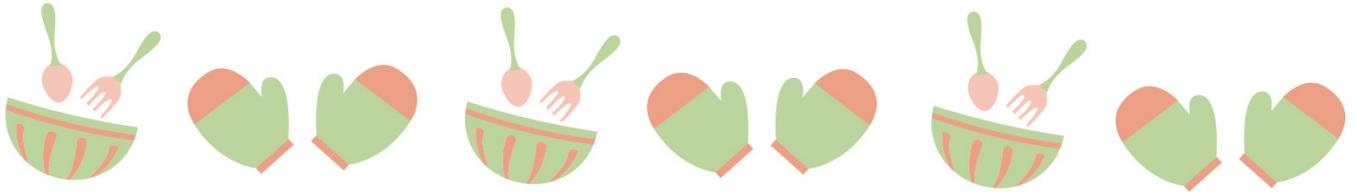
- ★ 18 whole pitted dates
- ★ 18 whole almonds
- ★ 2 tablespoon of fair trade cocoa powder
- ★ A drop of vanilla extract
- ★ Desiccated coconut or crushed biscuits (optional)



How to make (with the help of a grown up)

- 1 Place the dates, almonds, cocoa powder and the vanilla extract in a blender.
- 2 Blend until smooth.
- 3 Remove the mixture from the blender and roll into little balls.
- 4 Roll in to desiccated coconut or crushed biscuits.
- 5 Makes about 15 yummy truffles.

You can write down the recipe of something else you have already made below. Then draw a picture of it in the box!



The ingredients

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

**My
Recipe**

How to make

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Now that you have started fasting, you can keep a count of how many fasts you have kept, and how many more to go inshaa Allaah! use the Ramadhaan fasting tracker on the next page to tick off each day of your fasting.

ذَهَبَ الظَّمَأُ ، وَابْتَلَّتِ العُرُوقُ ،
وَتَبَّتِ الأَجْرُأْنُ شَأءَ اللّهُ

The thirst had gone and the veins are moistened,
and the reward is confirmed, if Allaah wills.
Hadith: Abu Daawood 2/306 and others

Dua for
breaking the
fast!

Hijri **Ramadhaan Tracker**

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

Ramadhaan tracker
on the next page



Hijri

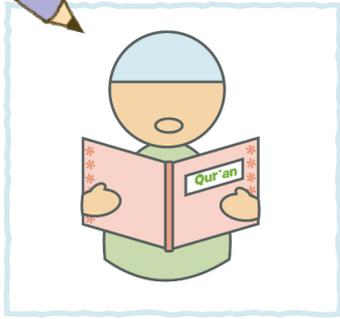
Ramadhān Tracker



1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30



Describe the pictures below. Talk about it, and write a few sentences for each picture.











Phases of the moon

We begin the month of Ramadhaan and end our fasting for the month according to the sighting of the moon.

What is the phase of the moon?

The changing shape of the bright part of the Moon that we see is called its phase.

- ★ When the bright part is getting bigger, the Moon is waxing.
- ★ When it is getting smaller, the Moon is waning.
- ★ When the Moon is more than half - lit, it is called the Gibbous moon.
- ★ When the moon is less than half - lit, it is called a crescent moon.

The phases of the moon are shown in the picture below.



Look at the moon outside and write down on which night of Ramadhaan you can see each phase

Date	Phase of the moon

Ramadhaan Maths

Look at the information below and log the information to the graph on the next page.

Aisha is 7 years old and she fasted all 29 day of Ramadhaan.

Muhammad is 6 years old and he fasted 10 days of RamAdhaan

Maimoonah is 5 years old and she fasted 8 days of Ramadhaan.

Khadeejah is 10 years old and she fasted all 29 days of Ramadhaan.

Ibraheem is 4 years old and he fasted 4 days of Ramadhaan.

Zainab is 3 years old and she fasted 1 day of Ramadhaan.



After you have put the above information on to the graph, answer the questions below:

1 Who fasted the same number of days?

.....

2 Who fasted the highest number of days?

.....

3 Who fasted the least number of days?

.....

4 How many children fasted altogether?

.....

5 Who is the oldest amongst the children?

.....

6 Who is the youngest?

.....

7 This Ramadhaan, Maimoonah has fasted 2 more days than last year. How many fasts did she keep last year?

.....

8 Aisha has fasted more days than Muhammad. Write the equation with the correct sign. ($>$ or $<$)

.....



Ramadhān Journal 1433

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

Ramadhāan Journal 1433

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

All about Dates

Children love dates! Inshaa Allaah we will do some activities and also learn interesting facts about dates.

Did you know that
a date palm tree
is like a Muslim?



Narrated ibn 'Umar: The Messenger of Allaah ﷺ said, "Amongst the Trees, there is a tree, the leaves of which do not fall and is like a Muslim. Tell me the name of that tree." Everybody started thinking about the trees of the desert areas. And I thought of the date palm tree but felt shy to answer. The others then asked, "What is that tree, O Allaah's Apostle?" He replied, "It is the date palm tree. "

(Al Bukhari)



Dates are very nutritious. There are many different types of dates. Choose one type, and find out the following facts about them using an Encyclopaedia or the Internet.

Dates



Place of origin:

Colour:

Where is it grown:



List of nutrients:

.....

.....

.....

.....

.....

.....

Health Benefits:

.....

.....

.....

Anything else you found out about dates:

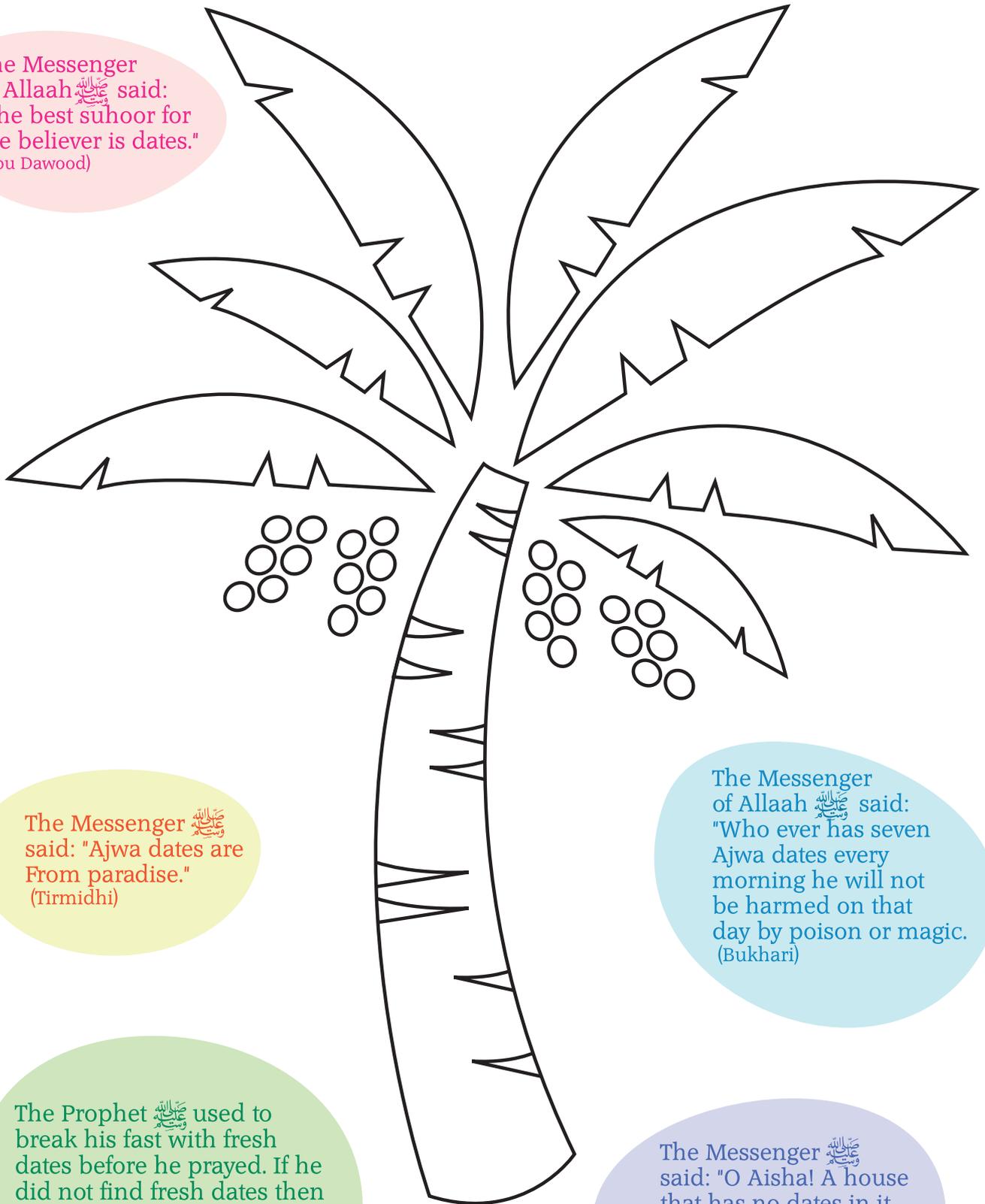
.....

.....

.....

Use your imagination to decorate the picture below. You could colour or paint it, or even make a collage!

The Messenger of Allaah ﷺ said:
"The best suhoor for the believer is dates."
(Abu Dawood)



The Messenger ﷺ said: "Ajwa dates are From paradise."
(Tirmidhi)

The Messenger of Allaah ﷺ said:
"Who ever has seven Ajwa dates every morning he will not be harmed on that day by poison or magic."
(Bukhari)

The Prophet ﷺ used to break his fast with fresh dates before he prayed. If he did not find fresh dates then he would use dried dates. If he did not find that also he drank a few sips of water.
(Ahmad and Abu Dawood))

The Messenger ﷺ said: "O Aisha! A house that has no dates in it their family is hungry. Oh Aisha! A house that has no dates in it their family is hungry."
(Muslim)

